

# Students with Asthma

## Access to Asthma Medication in Schools: Policies Checklist

Every school should have an asthma medication policy that ensures students immediate access to life-saving asthma medication during the school day. Review your school's asthma medication policy for the following elements and revise as necessary. Make a plan to educate school personnel, students, and families about your school's asthma medication policy and together let's keep kids healthy, in school and ready to learn.

### DO YOUR SCHOOL POLICIES AND/OR PRACTICES...

- Ensure adequate school nurse presence to monitor students with asthma.
- Provide a standardized assessment protocol to determine student's readiness to self-carry.
- Build accountability and trust with students by using a "student contract" and regular check-ins with students and caregivers.
- Facilitate communication with families and providers on managing a student's asthma during the school day.
- Simplify authorization paperwork to increase family and provider compliance with requirements.
- Provide education to families to help them better understand asthma control.
- Provide education on asthma medication policies and practices to students and families.
- Provide education on asthma medication policies and practices to school personnel.
- Implement standing orders for stock quick-relief medication (i.e., albuterol).
- Release school personnel from liability if something happens to a student with asthma (i.e., gross negligence).